

1.- ORGANIZATION

The RADIKAL SWIM Swimming Club, with the collaboration of Palafrugell Athletic Club, Calella Sailing Club, the Llafranc Yacht Club, and the Catalan Swimming Federation.

2.- GENERAL INFORMATION

Date: Saturday, October 12 and Sunday, October 13, 2019. If, in case of bad weather or other problems or other issues not related to the organization, the event was not possible to be celebrated this date, it would be reserved the possibility of holding a new event in the Catalan coast before April 30, 2020, in which only the crossing would be exclusively carried out.

2.1.- Radikal Ocean52 7.0

- Approximate distance: 7km.
- Route: Port Bo Beach (Calella de Palafrugell) - Illes Formigues - Llafranc Beach.
- Day: 12/10
- Start time: 9h
- Time limit: 3.5 hours

2.2.- Radikal Ocean52 3.5

- Approximate distance: 3,5 Km.
- Route: Illes Formigues - Llafranc Beach.
- Day: 12/10
- Boarding start time: 8: 45h - Llafranc beach.
- Start time: 9h45
- Time limit: 2.5 hours

2.3.- Radikal ocean52 1.5

- Approximate distance: 1,7 Km.
- Route: Port Bo beach (Calella de Palafrugell) - Llafranc beach.
- Day: 12/10
- Start time: 12:30
- Time limit: 1.5 hours

2.4.- Radikal Relays 4x800

- Approximate distance: 4 laps of 800m
- Route: Llafranc Bay
- Day: 10/13
- Start time: 13h
- Time limit: 2 hours

2.5.- Radikal Kids

- Approximate distance: 50/100/200 / 800m
- Route: Badia de Llafranc
- Day: 13/10 (Start time: 11:30 a.m.)

3.- PARTICIPANTS

In crossings 1.5, 3.5 and 7.0, any person of any nationality born after 2001 may participate (test recommended for people over 18 years of age). Those under 18 will have to provide the federative license of the Catalan Swimming Federation and parental or guardian authorization at the time of collecting the number. No under 18 swimmers may swim any crossing of the Radikal ocean52 without this authorization signed and delivered to the organization.

For the Radikal ocean52 3.5 and 7.0 crossings, the organization recommends that all participants have previously been able to finish a swim 3000 meters or more or swim 1500 meters in less than 40 minutes in the last two years.

All participants declare to be in physical and mental conditions necessary to perform the challenge and agree to participate under their responsibility. The organization, given the hardness of the swim (route, water temperature, swell...) recommends that participants do not register if they do not have enough capacity to complete any of the crossings.

3.1.- DORSAL PICKUP

It will be Friday 11 between 17 and 20:30 at the Radikal Village in Llafranc.

On Saturday, you will also be able to pick up only the official chip and hat of the crossing in the last-minute dorsal collection tents:

- 7.0: Starting at 8 am on the Platja de Port Bo (Calella de Palafrugell).
- 3.5: Starting at 8:30 am at Llafranc Beach.
- 1.5: Starting at 11 am in the Platja de Port Bo (Calella de Palafrugell).

The other gifts can be picked up in a tent in Llafranc enabled in the Village after the crossings.

4.- EQUIPMENT

The organization recommends using wetsuit since the water temperature on the Costa Brava in October is historically between 20 and 21 degrees and the maritime conditions can cause the crossing to extend beyond two hours. The neoprene seeks to avoid hypothermia and jellyfish stings. Even so, participants can exceptionally use conventional swimsuits by communicating it previously to the organization.

For reasons of safety and follow-up of the participants, it is necessary and mandatory to wear the cap provided by the organization during any of the crossings, as well as the identification chip and wristband. All material will be provided in the delivery of dorsals.

The organization will allow the use of water watches or GPS.

No auxiliary training, flotation or propulsion assistive material may be used to perform the test. The use of aquatic Mp3 or similar is also restricted (which prevents a correct hearing of the safety advices during the swim).

4.1.- RENTAL CHIP

For all people who do not have their own timing chip, you can rent one in a timely manner for the cruise you swim, which will have to be returned upon arrival. To formalize the rental of this chip, you must indicate it at the time of registration, and it implies an additional cost of € 2.

For technical reasons that have to do with the correct timing the combined crossings (7.0 + 1.5 and 3.5 + 1.5), it will be absolutely mandatory to make the registration with rental chip. For this reason, there is no possibility to choose between own or rental chip (the chip rental service will already be included in the registration price).

5.- REGISTRATION

The registration period begins December 20, 2018 and will end on October 8, 2019 at 12:00 p.m., if the maximum limit of participants established by the organization has not been reached:

- 650 participants for the Radikal ocean52 7.0
- 250 participants for the Radikal ocean52 3.5
- 550 participants for the Radikal ocean52 1.5

Swimmers wishing to participate in the crossing will have to fill out the registration form, accept the regulation of the crossing, as well as its safety protocol.

Registration for the Radikal ocean52 is personal and non-transferable. In no case, once formalized, can the participation rights be transferred to another person. The formalization of the registration implies the acceptance of these regulations and rules of security of the test

Registration will be done through the Radikal Swim website (www.radikalswim.com) by filling out the registration form on the website and making the purchase using the payment gateway of the online store, by credit card. Registration will be formalized once payment of the registration fee has been made.

REGISTRATION INCLUDES:

- Right to participate in the Crossing.
- Assistance during the test.
- Provisioning during and after the crossing.
- Right to participate in additional activities scheduled for Sunday 10/13/2019.
- Sunday breakkie: chocolate and croissants.
- Official hat of the Radikal ocean52 2019.
- Official gift of the Radikal ocean52 2019
- Finisher badge.
- Briefing of the crossings Friday at 7:30 p.m.
- Accompaniment of the Radikal Angels Swimmers to the crossings.
- Cloakroom service on arrival for participants.

- Safety device for crossings.
- Physiotherapy service at the end of the crossings.
- Discounts for accommodation in the municipality of Palafrugell.
- Insurance of the Catalan Swimming Federation.

5.1.- PRICES

RADIKAL OCEAN52 7.0		
1-02 to 01-04	Up to 150 registered	51,00 €
02-04 to 01-07	Up to 300 registered	57,00 €
02-07 to 08-10	Up to 650 registered	65,00 €
RADIKAL OCEAN52 3.5		
1-02 to 01-04	Up to 50 registered	51,00 €
02-04 to 01-07	Up to 100 registered	57,00 €
02-07 to 08-10	Up to 250 registered	65,00 €
RADIKAL OCEAN52 1.5		
1-02 to 01-04	Up to 150 registered	31,00 €
02-04 to 01-07	Up to 300 registered	35,00 €
02-07 to 08-10	Up to 550 registered	39,00 €
RADIKAL OCEAN52 SÚPER [7.0+1.5/3.5+1.5]		
1-02 to 01-04	Up to 50 registered	70,00 €
02-04 to 01-07	Up to 100 registered	84,00 €
01-07 to 08-10	Up to MAX registered	90,00 €

- Radikal Relays:

€ 20 per team

- Radikal Kids:

€ 5 (solidarity, fully allocated to the Oncolliga Girona Foundation)

5.2.- CANCELLATION SERVICE

The organization will make available to the participants an individual cancellation service prior payment of € 5. When contracting the registration cancellation service, the registration fee will be refunded if you cannot participate in the activity for any personal reason by sending an email to radikal@radikalswim.com. The refund of the amount will be carried out according to the following tranches:

- Up to 30 days before the date of the crossing: 100% refund of the amount.
- Up to 10 days before the date of the crossing: 50% refund of the amount.
- Between 9 and 0 days before the date of the crossing: No refund of the amount will be made.

This service of individual cancellation of registration does not include returns for modification of the route or cancellation of the activity if it occurs for reasons beyond the organization. In no case, the organization will return the amount of the registration, including that due to bad weather or causes beyond the organization is forced to cancel or modify the crossing.

In the case of Radikal Relays and Radikal Kids, there will be no possibility of using the cancellation service. No refund of any amount will be made on any of these crossings. It should be borne in mind that, as indicated above, the amount of the registration by the Radikal Kids will be allocated entirely to the Oncolliga Girona Foundation in solidarity).

6.- CATEGORIES

The categories and ages to participate will be the following:

CATEGORIES	MALE	FEMALE
General		all ages
Juniors		Up to 16 years
Masters + 30		30 - 39
Masters + 40		40 - 49
Masters + 50		50 - 59
Masters + 60		60 - 69
Masters + 70		70 and more

* All ages are included in the general.

The years are those completed within the year, from January 1 to December 31, 2019

7.- SECURITY MEASURES

Swimmers will be accompanied by kayaks and support boats. Motor support vessels will always respect the safety distance. This will vary according to the state of the sea.

The organization will designate kayaks that will have reflective vests to properly direct swimmers.

Additionally, there are general support vessels to cover the safety of the crossing, as well as vessels with specialized crew to assist athletes to the sea.

The number of boats and kayaks may be modified depending on the number of final participants, in order to ensure the safety of swimmers.

8.- SUPPLIES

The organization will facilitate the provisioning to the participants of the Radikal Ocean52 during the crossing and at the end of it. The supplies will be properly marked so that swimmers can easily identify them.

The swimmers will not be able to get on the boat to carry out the refreshment, but they will be able to take them to rest.

Radikal Ocean52 7.0

The maximum number of supplies provided during the crossing by the organization is two, one located at 2200m and the other at 5000m from the exit. Depending on the sea conditions, these can be reduced or extended to meet the needs of athletes. Swimmers / you will decide at each refreshment point whether to do it. Although the stops are recommended, stop is not mandatory. It is recommended to make at least one stop to replenish power to experienced swimmers and two stops for the rest of the participants in the test.

Upon arrival there will be a final refreshment and recovery massage area by a team of physiotherapists.

Radikal Ocean52 3.5

The maximum number of supplies provided during the crossing by the organization is one, located 1500m from the exit. Depending on the sea conditions, these can be reduced or extended to meet the needs of athletes. The swimmers will decide whether or not to carry out this refreshment. Although the stops are recommended no stop is mandatory.

Upon arrival there will be a final refreshment and recovery massage area by a team of physiotherapists.

Radikal ocean52 1.5

The maximum number of supplies provided during the crossing by the organization is one, located 800m from the exit. Depending on the sea conditions, these can be reduced or extended to meet the needs of athletes. The swimmers will decide at each refreshment point whether or not to do this. Although the stops are recommended no stop is mandatory.

Upon arrival there will be a final refreshment and recovery massage area by a team of physiotherapists.

9.- ARRIVAL

Upon the arrival, the participants must submit the identification badge (white chip). The organization is not responsible for the classification of the swimmer or swimmer who arrives without identification.

Swimmers who retire will have to notify the Organization as quickly as possible, and they will need to hand over the identifier to the organization.

10.- OBLIGATION TO END THE CHALLENGE

The organization reserves the right to force any of the participants to complete the test to ensure their safety.

Below are some cases in which members of the organization will end the adventure by forcing participants to board a support boat.

- Worsening of the marine conditions that endanger the cruise participants.
- Whenever a swimmer shows signs of extreme fatigue, dehydration, hypothermia, extremely slow rhythm or any other sign that prevents the participant from swimming normally.
- Swimmers who do not follow the organization's safety instructions, as well as swimmers who are outside the safety limits defined by the kayaks.
- When the swimmer makes the distress signal, raising one or two arms.
- When the participant exceeds the time limit signed.

Boat volunteers will ensure the safety of swimmers and may force any swimmer to abandon the test to ensure their safety.

11.- TEST MODIFICATION

In case of bad sea or other adverse phenomena (bank of jellyfish, currents ...), the organization reserves the right to change the route of the crossing and choose one of the alternative routes already selected. If it is not possible to carry out the crossing without jeopardizing the safety of the participants, the organization reserves the possibility of holding a new event on the Catalan coast on April 30, 2020, in which the crossing would only be carried out. crossing.

12.- CLOTHING TRANSFER SERVICE

The organization of the test makes available to the participants of crossings 1.5 and 7.0 a service to transfer clothing from Calella to Llafranc.

In case of loss of the personal objects of the swimmers, the organization will not be responsible. For this reason, please do not deposit valuables to the bag to transfer to the finish line.

On crossing 3.5, participants may leave their belongings at the same clothes-storage point located in Llafranc before boarding.

In the case of Radikal Relays and Radikal Kids, there will be no clothing storage service.

13.- RADIKAL KIDS

- Place: Llafranc beach.
- Day: Sunday, October 13, 2019.
- Time: 11: 45h
- Participants: The parents or guardians of the participants declare that the participant is in physical and psychological conditions necessary to perform the test and accept that they participate under their responsibility. The organization recommends that participants do not register if they do not have sufficient capacity to complete the crossing.
- Material: The organization recommends the use of glasses and neoprene. For reasons of safety and follow-up of the participants, it is necessary to wear the cap provided by the organization. Participants may use auxiliary training material, flotation or propulsion aid to perform the test.
- Registration: The registration period ends on October 10, 2019 at 24:00 (as long as the maximum limit established by the organization has not been reached). Swimmers wishing to participate in the Crossing will have to fill in the registration form, accept the regulations of the crossing, as well as its safety protocol. Registration will be done through the Radikal Swim website (www.radikalswim.com), filling out the registration form and making the payment using the online gateway, with a credit card. Registration will be formalized once it is done.
 - Registration price: € 5. The organization will allocate 100% of the income of the inscriptions to the FUNDACIÓ ONCOLLIGA GIRONA, once the expenses have been paid.
- Registration includes:
 - Right to participate in the crossing.
 - Assistance during the test.
 - Official Radikal Kids hat.
 - Supplies after the crossing.
 - Gift upon arrival.
 - Right to participate in additional activities scheduled for the weekend of October 12 and 13.
- Distances and categories: The categories and ages to participate will be the following:
 - Pre-Benjamines: 7 - 8 years (2012 - 2011) 50m
 - Benjamines: 9 - 10 years (2010 - 2009) 100m
- or fry: 11 - 12 years (2008 - 2007) 200m
 - Children: 13 - 16 years (2006 - 2003) 800m
- The years are those that have been fulfilled or will be fulfilled within 2019, from January 1 to December 31.
- Safety measures: Swimmers will be accompanied by kayaks and support boats. Motor support vessels will always respect the safety distance. This varies according to the state of the sea.
- Provisioning: The organization will facilitate the provisioning to the participants of the Radikal ocean52 KIDS at the end of this.

14.- RADIKAL RELAYS

- Place: Llafranc beach.
- Day: Sunday, October 13, 2019.
- Distance: Each swimmer will make 800m. (4x800)
- Time: 12: 45h
- Participants: Participation will be limited to all and all swimmers registered in any of the distances 7.0, 3.5 or 1.5 on Saturday morning. The teams will have to be necessarily 4 people.
- Material: The organization recommends the use of glasses and neoprene. For reasons of safety and follow-up of the participants, it is necessary to wear the cap provided by the organization.
- Registration: The registration period ends on October 10, 2019 at 24:00 (as long as the maximum limit established by the organization has not been reached). Swimmers wishing to participate in the relay will have to fill in the registration form, accept the regulation of the crossing, as well as its safety protocol. Registration will be done through the Radikal Swim website (www.radikalswim.com), filling out the registration form and making the payment using the online gateway, with a credit card. Registration will be formalized once it is done.
- Dorsal delivery: Sunday to the village of Llafranc from 11 am
- Registration Price: € 20 / team.
- Registration includes:
 - Right to participate in the Radikal Relays.
 - Radikal Relays official hat.
 - Assistance during the test.
 - Supplies after the crossing.
- Categories and awards: The categories in between will be the following:
 - Female relay
 - Male relays
 - Mixed relay (only one person from the team has to be of a different gender to be considered mixed)
- Prize will be awarded to the first 3 teams classified in each category.
- Safety measures: Swimmers will be accompanied by kayaks and support boats. Motor support vessels will always respect the safety distance. This varies according to the state of the sea.

15.- FASTEST RADIKAL by Jaked

- Place: Llafranc beach.
- Day: Sunday, October 13, 2019.
- Distance: Individual 800m competition.
- Time: 12: 30h

- Participants: Participation will be open, but with a discount to swimmers registered in any of the distances 7.0, 3.5 or 1.5 on Saturday morning.
- Material: The organization recommends the use of glasses and neoprene. For reasons of safety and follow-up of the participants, it is necessary to wear the cap provided by the organization.
- Registration: The registration period ends on October 10, 2019 at 24:00 (as long as the maximum limit established by the organization has not been reached). Swimmers wishing to participate will have to fill in the registration form, accept the regulation of the crossing, as well as the safety protocol of the crossing. Registration will be done through the Radikal Swim website (www.radikalswim.com), filling out the registration form and making the payment using the online gateway, with a credit card. Registration will be formalized once it is done.
- Dorsal delivery: Sunday to the village of Llafranc from 11 am
- Registration Price:
 - or € 10 for participants at the Radikal ocean52 1.5 / 3.5 / 7.0 / Super
 - or € 20 for non-participants to the Radikal ocean52
- Registration includes:
 - Right to participate in the FASTEST RADIKAL.
 - Official hat.
 - Assistance during the test.
 - Supplies after the crossing.
- Categories and awards: The categories in between will be the following:
 - Female general
 - General male
- Prize will be awarded to the 1st female general classified and the 1st male general classified. The prize for each one will consist of: a Jaked competition swimsuit (Fast Type), a training bag, fins, shovels, pull buoy, glasses ... There will also be a raffle with the participants.
- Safety measures: Swimmers will be accompanied by kayaks and support boats. Motor support vessels will always respect the safety distance. This varies according to the state of the sea.

16.- PERSONAL INFORMATION

In compliance with the provisions of the organic law of 15/1999, of December 13, on the Protection of Personal Data ("LOPD") and Law 34/2002, of July 11, on information society services and e-commerce, the RADIKAL SWIM Swimming Club with NIF G65585697, informs, and you agree that:

All personal data provided by you through the data collection forms on the website www.radikalswim.com are incorporated into an automatic personal file for which Radikal Swim is responsible.

The objective of creating this file, which is treated confidentially, is:

- Manage your participation to the Radikal Ocean52.
- Manage the information from the test, especially time, photographs and videos.

- Perform the statistical control of the participants in order to feed back the organization of the test and apply the necessary changes to improve it.
- Promote or advertise the activities, services and articles offered by the Radikal Swim collaborating entities, as well as the sponsors of the Radikal Ocean52.

With your consent to the registration process and the corresponding form in any of the tests, you expressly authorize the transfer of your requested personal data for the purposes mentioned above in favor of Radikal Swim.

In any case, you can revoke the consent given at any time and execute the right of access, rectification, cancellation and opposition by communicating it to Radikal Swim, by email to radikal@radikalswim.com.

17.- PICTURE USE AUTHORIZATION

Since the right to one's own image is recognized in article 18.1 of the Constitution and regulated by law 5/1982 of May 5, on the Right to honor, personal and family privacy and the image itself, by the Club Swimming Swim RADIKAL SWIM requests the consent of athletes or parents or legal guardians of minors to be able to publish photographs showing the same athletes or their sons and daughters, where these and these are clearly identifiable.

Athletes or parents or legal guardians of minors accept with the formalization of the registration to the Radikal Ocean52 that the image of you or your child, may appear in photographs or films made in the activities organized by the Swimming Club RADIKAL SWIM in:

- Websites
- Films intended for public dissemination
- Photographs for magazines or publications
- Digital presentations
- Social networks
- Graphic material